



# *Fast Facts for Forming a Dragon Boat Team*

[www.tampabaydragonboatclassic.com](http://www.tampabaydragonboatclassic.com)

## *The Dragon Boat:*

- Sport stems from an ancient Chinese legend
- Each Dragon Boat is 42 feet long
- 10 rows seat 20 paddlers
- A steersperson uses a 9 foot oar as a rudder, standing in the stern
- A drummer sits in a seat at the bow, facing the crew

## *Roster:*

- 20 Paddlers, minimum of 10 female paddlers must be in the boat at all times for the “Mixed” division, but you can form a team consisting of all women, or enter the “Open” division for a team with any mix of men and women
- 1 drummer (minimum age of 14 years old)
- 4 alternate paddlers allowed and can be rotated in any way that your team would like
- All paddlers must be 14 years of age or older
- High Five Dragon Boat provides your team with a steersperson

## *Cost:*

- \$1,500 for a corporate sponsored team
- \$1,000 for a club, community or nonprofit team, including “Everyday Heroes” teams recruited by GiGi’s Playhouse
- \$850 for an in-state visiting team (50+ miles away)

**High Five Dragon Boat, LLC**  
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- \$600 for a Breast Cancer Survivor (“BCS”) team
- \$500 for an out-of-state visiting team
- All of the necessary equipment is included
- Proceeds from this event will benefit Gigi’s Playhouse. For more information visit [www.tampabaydragonboatclassic.com](http://www.tampabaydragonboatclassic.com)

## *Practice:*

- 1 practice session is included for each registered Community or Corporate team and can be scheduled during the week leading up to the event by emailing: [jill@highfivedragonboat.com](mailto:jill@highfivedragonboat.com)
- Practices will include the basics of paddling and the basics of racing
- An additional practice can be scheduled for a fee of \$100

## *Equipment:*

- Paddles, life vests, boats, drums, and steerspersons will be provided to each team at practice and on the day of the race

## *Race Day – October 8th, 2016:*

- The event is located at Cotanchobee Fort Brooke Park in Downtown Tampa, FL
- Teams will be assigned a rest area in the park to set up a team tent, chairs, tables and coolers
- Each team will race in 3 heats, there is no elimination
- The course is 400 meters in a straight line with 5 lanes
- Each team will have 60-90 minutes in between heats
- Division winners will be awarded in a post-racing awards ceremony